

APR2026

SUN

MON

TUE

WED

THU

FRI

SAT

01

OFF

02

Lift & Condition
2:40-4:40pm

03

Lift & Condition
2:40-4:40pm

04

OFF

05

OFF

06

Lift & Condition
2:40-4:10
Spring Prac. #1
4:30-6:00

07

Lift & Condition
2:40-4:40pm

08

OFF

09

Lift & Condition
2:40-4:10
Spring Prac. #2
4:30-6:00

10

Lift & Condition
2:40-4:40pm

11

OFF

12

OFF

13

Lift & Condition
2:40-4:10
Spring Prac. #3
4:30-6:00

14

Lift & Condition
2:40-4:10
Spring Prac. #4
4:30-6:00

15

OFF

16

Lift & Condition
2:40-4:40pm

17

Lift & Condition
2:40-4:40pm

18

OFF

19

OFF

20

Lift & Condition
2:40-4:10
Spring Prac. #5
4:30-6:00

21

Lift & Condition
2:40-4:40pm

22

OFF

23

Lift & Condition
2:40-4:10
Spring Prac. #6
4:30-6:00

24

Lift & Condition
2:40-4:40pm

25

OFF

26

OFF

27

Lift & Condition
2:40-4:10
Spring Prac. #7
4:30-6:00

28

Lift & Condition
2:40-4:40pm

29

OFF

30

Lift & Condition
2:40-4:10
Spring Prac. #8
4:30-6:00