

FEB2024

SUN

MON

TUE

WED

THU

FRI

SAT

01

Lift & Condition
2:40 – 4:40

02

Lift & Condition
2:40 – 4:40

03

OFF

04

OFF

05

Lift & Condition
2:40 – 4:40

06

Lift & Condition
2:40 – 4:40

07

OFF

08

Lift & Condition
2:40 – 4:40

09

Dawn Patrol #3
5:55am – 7am

10

OFF

11

OFF

12

Lift & Condition
2:40 – 4:40

13

Lift & Condition
2:40 – 4:40

14

OFF

15

Lift & Condition
2:40 – 4:40

16

Lift & Condition
2:40 – 4:40

17

OFF

18

OFF

19

NO SCHOOL
#MaxOutMonday
Lift & Condition
10am – 11:30

20

Lift & Condition
2:40 – 4:40

21

OFF

22

Lift & Condition
2:40 – 4:40

23

Dawn Patrol #4
5:55am – 7am

24

OFF

25

OFF

26

Lift & Condition
2:40 – 4:40

27

Lift & Condition
2:40 – 4:40

28

OFF

29

Lift & Condition
2:40 – 4:40