

MAR2024

SUN

MON

TUE

WED

THU

FRI

SAT

01

Dawn Patrol #5
5:55am – 7am

02

OFF

03

OFF

04

Lift & Condition
2:40 – 4:40

05

Lift & Condition
2:40 – 4:40

06

OFF

07

Lift & Condition
2:40 – 4:40

08

Dawn Patrol #6
5:55am – 7am

09

OFF

10

OFF

11

Lift & Condition
2:40 – 4:40

12

Lift & Condition
2:40 – 4:40

13

OFF

14

Lift & Condition
2:40 – 4:40

15

Spring Break
Theme Lift
Lift & Condition
2:40 – 4:40

16

OFF

17

OFF

18

Spring Break
Lift & Condition
10am - Noon

19

Spring Break
Lift & Condition
10am - Noon

20

OFF

21

Spring Break
Lift & Condition
10am - Noon

22

Spring Break
Lift & Condition
10am - Noon

23

OFF

24

OFF

25

Spring Break
OFF

26

Spring Break
OFF

27

Spring Break
OFF

28

Spring Break
OFF

29

Spring Break
OFF

30

OFF

31

OFF