

FEB2023

SUN	MON	TUE	WED	THU	FRI	SAT
			01 OFF	02 Lift & Condition 2:40-4:40	03 Lift & Condition 2:40-4:40	04 OFF
05 OFF	06 Lift & Condition 2:40-4:40	07 Lift & Condition 2:40-4:40	08 OFF	09 Lift & Condition 2:40-4:40	10 Dawn Patrol #3 6:00am-7:00am	11 OFF
12 OFF	13 Lift & Condition 2:40-4:40	14 Lift & Condition 2:40-4:40	15 OFF	16 Lift & Condition 2:40-4:40	17 Dawn Patrol #4 6:00am-7:00am	18 OFF
19 OFF	20 NO SCHOOL Lift & Condition 10am-Noon	21 Lift & Condition 2:40-4:40	22 OFF	23 Lift & Condition 2:40-4:40	24 Dawn Patrol #5 6:00am-7:00am	25 OFF
26 OFF	27 Lift & Condition 2:40-4:40	28 Lift & Condition 2:40-4:40				